

## **Recruit**

A Recruit is not a member but has taken the membership pledge. The Recruit must roll call weekly as prescribed and attend two monthly MHG training's within the 90 day probationary period.

## **Member**

A Citizen who has completed the prescribed probationary period. They must continue to make weekly roll call attend two monthly training's out of every 90 days.

## **Private**

A Private is a member who is progressing toward a specialized skill-set in the Michigan Home Guard. They have obtained the basic gear and skills required for all specialized fields.

### **Private 1**

#### **1. FIELD UNIFORM:**

- a) One (1) set of BDU's. Woodland preferred.
- b) The best boots you can afford
- c) Camo hat.
- d) Unit patches, if worn, are to be displayed on the left shoulder.
- e) American flag and/or state flag will be worn on right shoulder with American flag on top. These patches are to be subdued.
- f) The M.H.G. name tape will go over left breast pocket. Name tape will go over the right. Last names or call signs are allowed.

#### **2. Gear**

- a) Poncho
- b) Poncho liner
- c) 50' 550 cord

#### **3. Skills**

- a) 10 hand signals
- b) Hand signal numbers
- c) Phonetic alphabet

### **Private 2**

#### **1. FIELD UNIFORM:**

- a) One (1) set of BDU's. Woodland preferred.
- b) The best boots you can afford
- c) Camo hat.
- d) Unit patches, if worn, are to be displayed on the left shoulder.
- e) American flag and/or state flag will be worn on right shoulder with American flag on top. These patches are to be subdued.

- f) The M.H.G. name tape will go over left breast pocket. Name tape will go over the right. Last names or call signs are allowed.

## **2. BASIC SURVIVAL KIT**

- a) 50' 550 cord
- b) Waterproof matches
- c) Petroleum cotton-balls
- d) Food for (1) day

## **3. FIRST AID**

- a) Evaluate a casualty
- b) Prevent/Treat shock
- c) Clear an object from the throat
- d) Treat/prevent heat stroke and frostbite
- e) Treat burns
- f) Apply a field or pressure dressing
- g) Apply a dressing to an open chest, abdominal, and head wound
- h) Splint a fracture
- i) Perform CPR

## **4. SKILLS**

- a) 10 hand signals
- b) Hand signal numbers
- c) Phonetic alphabet

## **5. FIELD EQUIPMENT**

- a) Individual First Aid Kit (IFAK)
- b) Poncho
- c) Poncho liner

## **GUARDSMAN**

Guardsman are a team specially trained for security detail. They will accompany Mobile Operations Bases (MOB), emergency evacuations, and secure safe-houses among other things.

### **G1:**

#### **1. COMMAND AND ORGANIZATION**

- a) Must understand CoC and other MHG Organizational structure

#### **2. MOBILIZATION AND ALERT READINESS**

- a) Rapid Alert System/Alert levels
- b) Evacuation: Routes, Rally Points

### 3. PHYSICAL FITNESS

- a) Individual bounding in 3 to 5 second rushes for 25 yards forward, 25 yards retreat.
- b) 10 push ups
- c) 10 sit ups
- d) Basic self defense

### 4. Rifle Marksman:

#### Part 1:

**Distance:** 100m

**Position Optional:** Standing, Kneeling, or Prone

**Target Size:** 9"

**Shots:** 8/10

**Time:** 3 min

### 5. Pistol Marksman:

#### Part 1:

**Distance:** 10m

**Position:** Standing, Kneeling, and Prone

**Target Size:** 9"

**Shots:** 9/10 (3 from each position and 1 your choice)

### 6. BASIC FIELD COMMUNICATIONS

- a) 10 Basic Hand signals and numbers
- b) Basic radio operating procedures (language and phonetic alphabet)
- c) COMSEC/SALUTE/SITREP

### 7. BASIC FIRST AID

- a) Evaluate a casualty
- b) Prevent/treat shock
- c) Clear an object from the throat
- d) Treat/prevent heat stroke and frost bite
- e) Treat burns
- f) Apply a field or pressure dressing
- g) Apply a dressing to an open chest, abdominal, and head wound
- h) Splint a fracture
- i) Perform CPR

## **8. SMALL UNIT TACTICS**

- a) React to contact (3 D's)
- b) Break contact
- c) Team formations: file, wedge, staggered column rolling and peeling
- d) Room and building clearing
- e) Understand "Grey man" surveillance

## **9. FIELD UNIFORM:**

- a) One (1) set of BDU's. Woodland preferred.
- b) Brown or green shirt, blue jeans, ball cap
- c) The best boots you can afford
- d) Camo hat.
- e) Unit patches, if worn, are to be displayed on the left shoulder.
- f) American flag and/or state flag will be worn on right shoulder with American flag on top. These patches are to be subdued.
- g) The M.H.G. name tape will go over left breast pocket. Name tape will go over the right. Last names or call signs are allowed.

## **10. CLOTHES**

- a) Extra T-shirt (OD green)
- b) Underwear
- c) Socks

## **11. FIELD EQUIPMENT**

- a) Rifle
- b) 100 rds of rifle ammunition in mags or stripper clips
- c) Pistol
- d) 50 rds of pistol ammunition in mags
- e) Load bearing equipment
- f) Ammo pouches
- g) Rifle sling
- h) Survival or fighting knife
- i) 2 quarts of water in either canteens or a camelbak + cup
- j) Rifle cleaning kit
- k) Individual First Aid Kit (IFAK)
- l) Hand-held radio w/earpiece
- m) Poncho w/ liner
- n) 2 red glow sticks
- o) (1) road flare
- p) Gas mask w/(1) extra filter
- q) Pepper spray
- r) 2 Zip cuffs

## **12. BASIC SURVIVAL KIT**

- a) Toilet paper
- b) Water purification tabs or water filter
- c) 50' 550 para-cord
- d) Petroleum jelly cotton balls
- e) Waterproof matches
- f) Food for one (1) day

## **G2:**

### **1. COMMAND AND ORGANIZATION**

- a) Must understand CoC and other MHG Organizational structure

### **2. MOBILIZATION AND ALERT READINESS**

- a) Rapid Alert System/Alert levels
- b) Evacuation: Routes, Rally Points

### **3. PHYSICAL FITNESS**

- a) Individual bounding in 3 to 5 second rushes for 25 yards forward, 25 yards retreat.
- b) 10 push ups, 10 sit ups
- c) Basic self defense
- d) Restraining and cuffing techniques

## **Rifle Sharpshooter:**

### **Part 1:**

**Distance:** 100m

**Position:** Standing, Kneeling, and Prone

**Target:** Size: 9"

**Shots:** 8/10

### **Part 2:**

**Distance:** 100m

**Position:** Standing, Kneeling, or Prone

**Target Size:** (3) 30"x19" silhouettes 24" apart

**Shots:** 9/10 (3 on each)

**Time:** 15 sec

## **Pistol sharpshooter:**

### **Part 1:**

**Distance:** 10m

**Position:** Standing, Kneeling, and Prone

**Target Size:** 9"

**Shots:** 9/10 (3 from each position and 1 your choice)

**Time:** 15 sec

### **Part 2:**

**Distance:** 2 at 5m and 1 at 10m (3' between each target)

**Position:** Any

**Target Size:** 9"

**Shots:** 6 shots, 2 on each.

**Time:** 10 sec

## **4. BASIC FIELD COMMUNICATIONS**

- a) 10 Basic Hand signals and numbers
- b) Basic radio operating procedures (language and phonetic alphabet)
- c) COMSEC/SALUTE/SITREP

## **5. BASIC FIRST AID**

- a) Evaluate a casualty
- b) Prevent/treat shock
- c) Clear an object from the throat
- d) Treat/prevent heat stroke and frost bite
- e) Treat burns
- f) Apply a field or pressure dressing
- g) Apply a dressing to an open chest, abdominal, and head wound
- h) Splint a fracture
- i) Perform CPR

## **6. SMALL UNIT TACTICS**

- a) React to contact (3 D's)
- b) Break contact
- c) Team formations: file, wedge, staggered column rolling and peeling
- d) Room and building clearing
- e) Understand "Grey man" surveillance

## **7. FIELD UNIFORM:**

- a) One (1) set of BDU's. Woodland preferred.
- b) Brown or green shirt, blue jeans, ball cap
- c) The best boots you can afford
- d) Camo hat.

- e) Unit patches, if worn, are to be displayed on the left shoulder.
- f) American flag and/or state flag will be worn on right shoulder with American flag on top. These patches are to be subdued.
- g) The M.H.G. name tape will go over left breast pocket. Name tape will go over the right. Last names or call signs are allowed.

## **8. CLOTHES**

- a) Extra T-shirt (OD green)
- b) Underwear
- c) Socks

## **9. FIELD EQUIPMENT**

- a) Rifle
- b) 200 rds of rifle ammunition in mags or stripper clips
- c) Pistol
- d) 50 rds of pistol ammunition
- e) Load bearing equipment
- f) Ammo pouches
- g) Rifle sling
- h) Survival or fighting knife
- i) 2 quarts of water in either canteens or a camelbak + cup
- j) Rifle cleaning kit
- k) Individual First Aid Kit (IFAK)
- l) Hand-held radio w/earpiece
- m) Poncho w/ liner
- n) 2 red glow sticks
- o) 1 flare
- p) Multi-tool
- q) Flashlight w/red lens
- r) Compass
- s) Waterproof notepad
- t) 2 pencils
- u) Mini binoculars
- v) Camo face-paint
- w) Gas mask w/(1) extra filter
- x) Pepper Spray
- y) Zip cuffs

## **10. BASIC SURVIVAL KIT**

- a) Toilet paper
- b) Water purification tabs or water filter
- c) 50' 550 para-cord
- d) Petroleum jelly cotton balls

- e) Waterproof matches
- f) Food for one (1) day

**G3:**

**1. COMMAND AND ORGANIZATION**

- a) Must understand CoC and other MHG Organizational structure

**2. MOBILIZATION AND ALERT READINESS**

- a) Rapid Alert System/Alert levels
- b) Evacuation: Routes, Rally Points

**3. PHYSICAL FITNESS**

- a) Individual bounding in 3 to 5 second rushes for 50 yards forward, 50 yards retreat.
- b) 15 push ups, 15 sit ups
- c) Advanced self defense
- d) Restraining and cuffing techniques

**4. Rifle Expert:**

**Part 1:**

**Distance:** 100m

**Position:** Standing, Kneeling, and Prone

**Target Size:** 6"

**Shots:** 8/10 (3 from each position and 1 your choice)

**Part 2:**

**Distance:** 50m

**Position:** Standing or Kneeling

**Target Size:** (3) 9" Targets

**Shots:** 9/9 (3 on each)

**Time:** 15 sec

**Part 3:**

**Distance:** 25m

**Position:** 45° walking advance

**Target Size:** (3) 30"x19" Silhouettes 24" apart

**Shots:** 6/6 (2 on each)

**Time:** 10 sec (no stopping)

## 5. Pistol Expert:

### Part 1:

**Distance:** 25m

**Position:** Standing, Kneeling, and Prone

**Target Size:** 30"x19" Silhouette

**Shots:** 9/10 (3 from each position and 1 your choice)

### Part 2:

**Distance:** 10m

**Position:** Side step/shuffle

**Target Size:** (3) 30"x19" Silhouettes 36" apart

**Shots:** 6/6, 2 on each.

**Time:** 8 sec

### Part 3:

**Distance:** 5m

**Position:** Angled Retreat

**Target Size:** (3) 30"x19" Silhouettes 36" apart

**Shots:** 6/6, 2 on each

**Time:** 5 sec

### Pistol Expert Details

**Part 2:** Start at the ready-low. On command, acquire your first target, fire and start shuffling and without stopping continue to shoot until all targets are eliminated.

**Part 3:** Start with weapon holstered. On command, draw and fire 1 shot from the hip. Press out and fire another on the same target. Start the angled retreat firing 2 shots on each of the other two silhouettes.

## 6. BASIC FIELD COMMUNICATIONS

- a) 10 Basic Hand signals and numbers
- b) Basic radio operating procedures (language and phonetic alphabet)
- c) COMSEC/SALUTE/SITREP

## 7. BASIC FIRST AID

- a) Evaluate a casualty
- b) Prevent/treat shock
- c) Clear an object from the throat
- d) Treat/prevent heat stroke and frost bite
- e) Treat burns
- f) Apply a field or pressure dressing
- g) Apply a dressing to an open chest, abdominal, and head wound
- h) Splint a fracture
- i) Perform CPR

## 8. SMALL UNIT TACTICS

- a) React to contact (3 D's)
- b) Break contact
- c) Team formations: file, wedge, staggered column rolling and peeling
- d) Room and building clearing
- e) Understand "Grey man" surveillance

## **9. FIELD UNIFORM:**

- a) One (1) set of BDU's. Woodland preferred.
- b) Brown or green shirt, blue jeans, ball cap
- c) The best boots you can afford
- d) Camo hat.
- e) Unit patches, if worn, are to be displayed on the left shoulder.
- f) American flag and/or state flag will be worn on right shoulder with American flag on top. These patches are to be subdued.
- g) The M.H.G. name tape will go over left breast pocket. Name tape will go over the right. Last names or call signs are allowed.

## **10. CLOTHES**

- a) Extra T-shirt (OD green)
- b) Underwear
- c) Socks

## **11. FIELD EQUIPMENT**

- a) **Rifle**
- b) 200 rds of ammunition in mags or stripper clips
- c) Pistol
- d) 50 rds of pistol ammunition in mags
- e) Load bearing equipment
- f) Ammo pouches
- g) Rifle sling
- h) Survival or fighting knife
- i) 2 quarts of water in either canteens or a camelbak + cup
- j) Rifle cleaning kit
- k) Individual First Aid Kit (IFAK)
- l) Hand-held radio w/earpiece
- m) Poncho w/ liner
- n) 2 red glow sticks
- o) 1 flare
- p) Multi-tool
- q) Flashlight w/red lens
- r) Compass
- s) Waterproof notepad
- t) 2 pencils
- u) Mini binoculars
- v) Camo face-paint
- w) Gas mask w/(1) extra filter
- x) Pepper Spray
- y) Zip cuffs

## 12. BASIC SURVIVAL KIT

- a) Toilet paper
- b) Water purification tabs or water filter
- c) 50' 550 para-cord
- d) Petroleum jelly cotton balls
- e) Waterproof matches
- f) Food for one (1) day

### G4:

#### 1. COMMAND AND ORGANIZATION

- a) Must understand CoC and other MHG Organizational structure

#### 2. MOBILIZATION AND ALERT READINESS

- a) Rapid Alert System/Alert levels
- b) Evacuation: Routes, Rally Points

#### 3. PHYSICAL FITNESS

- a) Individual bounding in 3 to 5 second rushes for 50 yards forward, 50 yards retreat.
- b) 15 push ups, 15 sit ups
- c) Advanced self defense
- d) Restraining and cuffing techniques

#### 4. Distinguished Expert: Timed course

##### Part 1: Rifle

**Distance:** 100m

**Position:** Prone

**Target Size:** 4"

**Shots:** 5 (3/5 required to pass)

##### Part 2: Rifle

**Distance:** 100m

**Position:** Prone, Kneeling, and Standing

**Target Size:** 6"

**Shots:** (9) 3 from each position

**Must run to the 50m position**

##### Part 3: Rifle

**Distance:** 50m

**Position:** Standing or Kneeling

**Target Size:** (3) 9"

**Shots:** 9 (3 on each)

**Must run to the 25m position**

#### Distinguished Expert Details

\*\*\*NOTE\*\*\*

##### Rules

Load 3 rifle magazines; 1 with 14 rounds, 2 with 9 rounds. Load 1 pistol magazine with 6 rounds. Start the course with the mag that has 14 to complete Parts 1 and 2. Shoot until empty, verify, run to the next stage and reload. Shoot until empty, verify, run to the next stage and reload. Shoot until empty and run to the next stage. sling your rifle and draw your handgun and shoot until empty.

##### Scoring

Must hit 3/5 on the 4" target and 8/9 with the pistol. You must complete the course with a total of 37/41 shots on the specified targets and within 4 minutes.

**Part 4: Rifle**

**Distance:** 25m

**Position:** 45° Walking advance

**Target size:** (3) 30"x19" Silhouettes 24" apart

**Shots:** 9 (3 on each)

**Must run to the 10m position****Part 5: Pistol**

**Distance:** 10m

**Position:** Standing or Kneeling

**Target Size:** (3) 9"

**Shots:** (9) 3 on each.

**5. BASIC FIELD COMMUNICATIONS**

- a) 10 Basic Hand signals and numbers
- b) Basic radio operating procedures (language and phonetic alphabet)
- c) COMSEC/SALUTE/SITREP

**6. BASIC FIRST AID**

- a) Evaluate a casualty
- b) Prevent/treat shock
- c) Clear an object from the throat
- d) Treat/prevent heat stroke and frost bite
- e) Treat burns
- f) Apply a field or pressure dressing
- g) Apply a dressing to an open chest, abdominal, and head wound
- h) Splint a fracture
- i) Perform CPR

**7. SMALL UNIT TACTICS**

- a) React to contact (3 D's)
- b) Break contact
- c) Team formations: file, wedge, staggered column rolling and peeling
- d) Room and building clearing
- e) Understand "Grey man" surveillance

**8. FIELD UNIFORM:**

- a) One (1) set of BDU's. Woodland preferred.
- b) Brown or green shirt, blue jeans, ball cap
- c) The best boots you can afford
- d) Camo hat.
- e) Unit patches, if worn, are to be displayed on the left shoulder.
- f) American flag and/or state flag will be worn on right shoulder with American flag on top. These patches are to be subdued.

- g) The M.H.G. name tape will go over left breast pocket. Name tape will go over the right.  
Last names or call signs are allowed.

## **9. CLOTHES**

- a) Extra T-shirt (OD green)
- b) Underwear
- c) Socks

## **10. FIELD EQUIPMENT**

- a) Rifle
- b) 200 rds of ammunition in mags or stripper clips
- c) Pistol
- d) 50 rds of pistol ammunition in mags
- e) Load bearing equipment
- f) Ammo pouches
- g) Rifle sling
- h) Survival or fighting knife
- i) 2 quarts of water in either canteens or a camelbak + cup
- j) Rifle cleaning kit
- k) Individual First Aid Kit (IFAK)
- l) Hand-held radio w/earpiece
- m) Poncho w/ liner
- n) 2 red glow sticks
- o) 1 flare
- p) Multi-tool
- q) Flashlight w/red lens
- r) Compass
- s) Waterproof notepad
- t) 2 pencils
- u) Mini binoculars
- v) Camo face-paint
- w) Gas mask w/(1) extra filter
- x) Pepper Spray
- y) Zip cuffs

## **11. BASIC SURVIVAL KIT**

- a) Toilet paper
- b) Water purification tabs or water filter
- c) 50' 550 para-cord
- d) Petroleum jelly cotton balls
- e) Waterproof matches  
Food for one (1) day